

MP Police Constable Exam Pattern & Syllabus 2025

The Madhya Pradesh Employees Selection Board (ESB MP) has released the official Exam Pattern and Syllabus for MP Police Constable Recruitment 2025. The written exam will be of 100 marks covering subjects like General Knowledge, Reasoning, Mental Ability, Science and Simple Arithmetic. Along with the written exam, Physical Efficiency Test (PET) and Physical Measurement Test (PMT) will also be conducted.

Exam Pattern

Subject	Marks	Question Type
General Knowledge & Reasoning	40	Objective (MCQ)
Mental Ability & Aptitude	30	Objective (MCQ)
Science & Simple Arithmetic	30	Objective (MCQ)
Total	100	Objective (MCQ)

Syllabus

Subject	Key Topics
General Knowledge & Reasoning	Indian History, Geography, Constitution, National & International Current Affairs, Ma
Mental Ability & Aptitude	Number Series, Clock & Calendar, Coding-Decoding, Simplification, Ratio & Proport
Science	Physics (Motion, Force, Work, Energy), Chemistry (Chemical Reactions, Metals & M
Simple Arithmetic	Basic Mathematics, LCM-HCF, Profit & Loss, Simple & Compound Interest, Time &

Physical Efficiency Test (PET) & Physical Measurement Test (PMT)

Test	Male Candidates	Female Candidates
Running	800 meters in 2 min 40 sec	800 meters in 4 min
Long Jump	13 feet	10 feet
Shot Put	19 feet (7.26 kg)	15 feet (4 kg)
Height	Minimum 168 cm	Minimum 155 cm
Chest (Male only)	81 cm (5 cm expansion)	Not Applicable